

# LOVE WHO YOU ARE PERSONALITY QUIZ

*Instructions:* For each scenario, circle the one response that is most true for you.

If two are equally true, circle them both.

## 1. I wear clothes that...

- C. are flashy, fun, and sometimes elicit compliments from complete strangers.
- I. are understated, classic, and often monochromatic.
- D. make a statement and serve multiple purposes with minimum fuss.
- R. are comfortable. Really comfortable.

## 2. At a large social gathering full of people I've never met, I'm likely to...

- C. have a wonderful time working the room ... in an hour or two, I'll be in the center telling stories and making everyone laugh.
- I. seek out one person with whom I can have a meaningful quiet conversation.
- D. find a way to be useful.
- R. sit and entertain myself, perhaps by people-watching.

## 3. When there's a conflict between me and someone I care about, the worst thing they can do is...

- C. quit talking to me; give me the cold shoulder.
- I. make inaccurate assumptions about my motives.
- D. waste my time with drawn-out discussions and needless drama.
- R. raise their voice.

## 4. Complete this sentence: "I do things ..."

- C. ... the fun way!"
- I. ... the right way."
- D. ... MY way."
- R. ... the least stressful way."

## 5. If we're planning a trip together, you'll be smart to ask me to ...

- C. Take tons of selfies and "us-ies" and post them to Instagram so all our friends can join us virtually.
- I. Plan our itinerary and packing lists.
- D. Deal with unexpected challenges (i.e. getting us food vouchers if our flight is delayed ... telling pushy hucksters to back off...).
- R. Show up an hour earlier than you actually need me to be at the airport.

## 6. My home/desk/purse/car organization method is best described as

- C. It's all in here somewhere!
- I. A place for everything, and everything in its place.
- D. I only keep what I use.
- R. I'm not using it now ... but I might need it some day.

## 7. When coaching or mentoring, taking a(n) \_\_\_\_\_ approach feels most natural for me.

- C. collaborative leadership
- I. servant leadership
- D. transformational leadership
- R. authentic leadership

## 8. I have the hardest time resting when

- C. I know someone is upset with me. I can't sleep until we've talked it out and made things right.
- I. There's a mistake in a project I'm working on. I will stay up late fixing it until it's fixed; only then can I relax enough to fall asleep.
- D. I haven't finished my To Do list. It's worth staying up late to get it all done and then get some "power sleep".
- R. Others around me are upset or hurting. Once I've helped them through their problems, I can rest easy.

## 9. I tend to be a \_\_\_\_\_ learner.

- C. verbal
- I. visual
- D. auditory
- R. hands-on

## 10. My elementary school report cards had comments like

- C. "\_\_\_\_\_ is such a delight—always ready with a smile. She does struggle to keep track of her personal belongings, and she needs to remember to raise her hand before speaking up in class."
- I. "\_\_\_\_\_ is a conscientious student who has unbroken rows of gold stars for turning in all of her work on time. She needs to accept that an A- is still an A ... not an F."
- D. "\_\_\_\_\_ is a natural leader. She is often takes charge of organizing the games at recess. In the classroom, She needs to learn how to follow directions, take turns, and avoid back-talk.
- R. "\_\_\_\_\_ is always the first to ask, 'Mrs. \_\_\_\_\_, how can I help you today?'" and to lend a helping hand to other students. She needs to learn to ask for help as well as offer it."

### **11. When it comes to receiving public recognition ...**

- C. I'll buy a new dress and have my hair done; I love the attention, the chance to make a speech, and the photo opp!
- I. It's mortifying, especially when I find myself unexpectedly in the spotlight. Write me a note or send me a text ... please?
- D. I want it to focus on why what I did made a difference for people. Spare me any meaningless fanfare.
- R. How about you give me a Starbucks gift card instead. And then we can skip the ceremony and hang out together.

### **12. If I were put on bedrest for a month, I would need**

- C. lots of people to visit me to keep me from getting lonely.
- I. a second opinion and plenty of my own research to make sure that bedrest really was the right choice.
- D. my laptop and high-speed internet so I could stay on top of my work.
- R. the remote control and maybe a good book or two.

### **13. When I don't have \_\_\_\_\_ in my life, I quickly become unpleasant to be around.**

- C. enjoyment
- I. order
- D. achievement
- R. peace

### **14. My method of packing for a trip involves**

- C. Discovering that I have nothing I fit to wear. So I rush out for a last-minute shopping spree to get fun new clothes, shoes, and accessories.
- I. Opening the "My Packing List" file on my computer, printing it out, and following it. At least two days prior to leaving; a week if possible.
- D. Pulling out my carry on and packing the bare minimum; preferably mix-and-match and easily hand-washables.
- R. Not sweating it. I can always buy anything I forget once I arrive at my destination.

### **15. When I make a mistake, it bothers me because**

- C. One little mistake can ruin all my plans for having a great day.
- I. I'm a perfectionist; I live in constant "error terror"
- D. I hate anything that slows down my progress toward a goal.
- R. Other people sometimes have such strong reactions to my mistakes.

### **16. Which of these thoughts is most likely to be keeping you awake at 2:37 a.m.?**

- C. I can't believe I they didn't laugh at any of my funny stories. I told all my best ones! Why didn't they like me?
- I. I can't believe she didn't call or text to wish me "Happy Birthday." If she really cared, she would have remembered.
- D. I can't believe I had to waste time in a long boring meeting. It's time for a little less talk and a lot more action.
- R. I can't believe the way people interrupt each other and shout each other down these days. It's so disrespectful.

**17. Imagine that new community theater opens up in your town. Which of these roles are you most drawn to?**

- C. the star, performing front and center.
- I. the producer, working behind-the-scenes to get all the details right.
- D. the director, telling everyone exactly what to do and how.
- R. an audience member, happily sitting back and enjoying the show.

**18. If you were to audio record yourself for a day and listen to the replay, you'd expect to hear**

- C. loud exclamations of "Yes!" and "Wow!" and plenty of laughter
- I. sounds of concern, like "uh-oh" and "nuh-uh" and "tsk-tsk"
- D. directive words, like "Now ..." and "Next ..." and "I want you to ..."
- R. neutral affirmatives, like "Oh" and "I see" and "I hear you"

**19. Some criticisms you've heard through the years—to your face or behind your back—include (or are similar to):**

- C. "motor mouth" ... "Pollyanna" ... "attention-seeker" ... "
- I. "know-it-all" ... "impossible to please" ... "rigid" ... "downer"
- D. "bossy pants" ... "emasculating" ... "unfeminine" ...
- R. "lazy bones" ... "wishy-washy" ... "moocher" ... "

**20. When a friend is going through a crisis, your natural reaction is to**

- C. offer encouragement and hope.
- I. point her to the best resources.
- D. take care of immediate physical needs (i.e. meals, child care, laundry, etc.)
- R. be present for her.

**21. Which quote resonates most with you?**

- C. "Laughter is the shortest distance between two people."
- I. "The difference between something good and something great is attention to detail."
- D. "Winning isn't everything, but it beats anything that comes in second."
- R. "Peace is its own reward."

## 22. Which scripture is the best match for you?

- C. "Rejoice in the Lord always. I will say it again: Rejoice!" Philippians 4:4
- I. "May he give you the desire of your heart and make all your plans succeed." Psalm 20:4
- D. "Dear children, let us not love with words or speech but with actions and in truth." 1 John 3:18
- R. "Let the peace of Christ rule in your hearts, since as members of one body you were called to peace." Colossians 3:15

## 23. Which of these thoughts would be most likely to be running through your head?

- C. I just can't wait! Next weekend is going to be such a blast! Counting down the days!
- I. I'll follow the recipe word-for-word since this is my first time trying it.
- D. If I just shuffle my schedule around a bit ... like this ... I can easily squeeze in a new project!
- R. Pizza isn't my thing, but this is what everyone else wanted. It's all good. No biggee.

## 24. What do you dislike most about text messaging?

- C. You wish there were more emojis so you could really express yourself.
- I. You have to fix all the mistakes made by autocorrect.
- D. You'd rather leave a voice message — it's faster.
- R. You'd rather talk in person — it's less effort.

## 25. What kind of gift would you most enjoy receiving?

- C. A shared social experience, like a movie or play or concert or dinner out.
- I. Something that shows that the giver knows my personal preferences.
- D. A gift certificate so I can choose what I really want.
- R. Something with no strings attached—it irks me when "gifts" are obligations in disguise.

## Now, add up your totals:

- (C) Connector = \_\_\_\_\_
- (I) Inspector = \_\_\_\_\_
- (D) Director = \_\_\_\_\_
- (R) Reflector = \_\_\_\_\_

Your highest score correlates with your Primary Personality Type, and your next highest score indicates your Secondary Personality Type.